# Fellowes.

# **Ergonomic Solutions**



Smart Suites™ **Standard Foot Rocker** 

## Smart Suites™

#### Standard Foot Rocker

#### Features:

- Rocking motion improves circulation and reduces fatigue
- Intuitive and simple height adjustment simply flip the foot rocker over
- Unique tread design to overcome 'product creep' when being rocked
- Surface massage bumps rejuvenate tired feet and relieve stress
- Large platform dimensions to allow for more comfortable rocking
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



#### Specification:

Code	8023901
Colour	Black
Product Dimensions (H x W x D)	13.50 × 49 × 30 cm
Product Weight	1.32 kg
Retail Carton Dimensions (H x W x D)	49 x 31 x 7.6 cm
Retail Carton Weight	1.55 kg
Outer Carton Dimensions (H x W x D)	16.30 x 33 x 51 cm
Outer Carton Weight	3.58 kg
Number of Height Settings	2
Height Range	6.5 / 9.5 cm
Platform Size	49 x 30.3 cm
Angle	Up to 30°
Rocking Motion	Yes
Textured Surface	Yes
Features	Rocking Motion Massage Texture Surface
Retail Barcode (UPC)	043859569700
Outer Carton Barcode (SCS)	50043859569705
Quantity per Outer Carton	2
Country of Origin	China
Warranty	5 Year Limited



**Ergonomic positioning**Foot support helps you achieve perfect working position.



**Textured surface**Surface massage bumps rejuvenate tired feet and relieve stress.

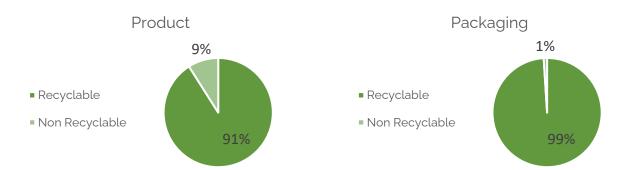


**Height adjustable** 2 height adjustments available to accommodate individuals of varying heights.



**Rocking feature**Rocking motion improves circulation and reduces fatigue

#### Recyclability:





#### **Ergonomic Working:**



#### Check your posture.

A foot and back support will help provide the most comfortable working position.

#### How to use a foot rest

- 1. Set your seat height: Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
- 2. Check your seat pan: Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
- 3. Support your feet: Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
- 4. Movement: Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



#### Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



#### Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.



### **Dimensional Drawings:**



### 2 height positions



