

***Fellowes***

Ergonomic Solutions



Crystals™ Gel  
**Flex Rest**

# Crystals™ Gel

## Flex Rest

### Features:

- Wrist support conforms to your wrist and redistributes pressure points
- Soothing gel provides added comfort and support
- Stylish, transparent gel adds colour to your workspace
- Stain resistant, wipe clean with a damp cloth
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



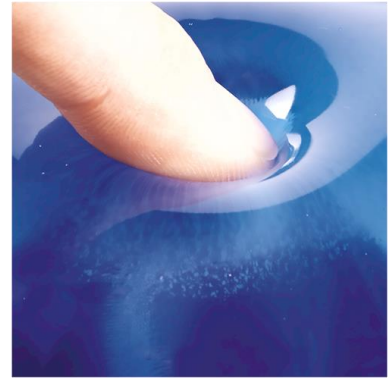
### Specification:

Code	9112301	91477-72	91177-72
Colour	Black	Purple	Blue
Product Dimensions (H x W x D)	2.00 x 12.40 x 8.70 cm		
Product Weight	0.17 kg		
Retail Packaging Dimensions (H x W x D)	14.61 x 14.92 x 2.86 cm		
Retail Packaging Weight	0.22 kg		
Outer Carton Dimensions (H x W x D)	7.60 x 16.40 x 19.80 cm		
Outer Carton Weight	0.81 kg		
Material	Gel		
Type of Wrist Support	Flex Rest		
Retail Barcode (UPC)	043859527199	077511914775	077511911774
Outer Carton Barcode (SCS)	50043859527194	50077511914770	50077511911779
Quantity per Outer Carton	4		
Country of Origin	China		
Warranty	5 Year Limited		



**Ergonomic wrist position**

Provides support to your wrists, ensuring your forearms are horizontal and wrists are in a neutral position.



**Gel**

Soothing gel provides added comfort and support



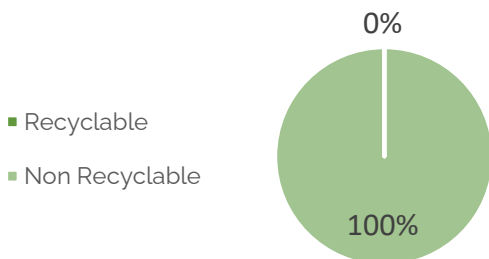
**3 Colour Choices**

Stylish, transparent gel adds colour to your workspace.

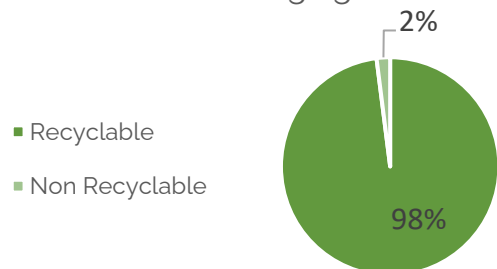
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**Recyclability:**

Product



Packaging



## Ergonomic Working:



# ZONE 2

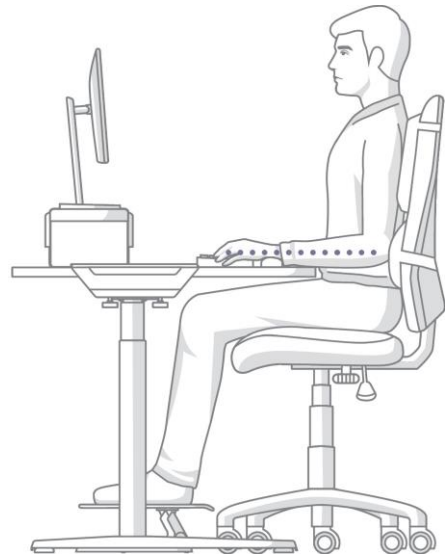
AVOID WRIST PRESSURE

**Support your wrists.**  
Keep forearms parallel with the top of your desk and wrists in a neutral posture.

**Fellowes**

### How to use a Wrist Support

- 1. Mouse position:** Place your mouse and mousepad/flex rest in line with your shoulders, or as close to your keyboard as possible to avoid tension in the arm and shoulder (or so your arm is relaxed by your body)
- 2. Keyboard position:** Place your keyboard/rest close to you so you do not need to reach forward
- 3. Arm position:** Check your sitting height to ensure your forearms are horizontal and your wrists are in a neutral position when mousing or typing.



## Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



## Aftercare:

**Cleaning:** Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

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