

***Fellowes***

Ergonomic Solutions



Energizer™  
**Foot Support**

# Energizer™

## Foot Support

### Features:

- Unique design inspired by Reflexology mapping
- Energising rubber foot pads offer various massage textures and contours targeting pressure points on the feet
- Intuitive rocking motion helps improve circulation and reduce fatigue
- Scissor motion height adjustment provides 3 platform height settings and up to 25° tilt
- Platform design encourages correct positioning of feet, relieves lower back pressure, and improves posture by elevating the feet and legs
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



### Specification:

Code	8068001
Colour	Charcoal/Blue/Grey
Product Dimensions (H x W x D)	13.02 x 45.40 x 33.66 cm
Product Weight	2.44 kg
Retail Carton Dimensions (H x W x D)	35.24 x 46.51 x 13.18 cm
Retail Carton Weight	2.44 kg
Outer Carton Dimensions (H x W x D)	37.15 x 23.97 x 47.47 cm
Outer Carton Weight	5.97 kg
Number of Height Settings	3
Height Range	10.5 / 13.5 / 16.5 cm
Platform Size	45.5 x 33.1 cm
Angle	Up to 30°
Rocking Motion	Yes
Textured Surface	Yes
Features	Rocking Motion Massage Texture Surface
Retail Barcode (UPC)	043859675500
Outer Carton Barcode (SCS)	50043859675505
Quantity per Outer Carton	2
Country of Origin	China
Warranty	5 Year Limited



### Ergonomic positioning

Elevates feet and legs to help relieve lower back pressure and improve posture



### Rocking Feature

Energising rubber foot pads offer various massage textures and contours targeting pressure points on the feet



### Unique design

Unique design inspired by Reflexology mapping



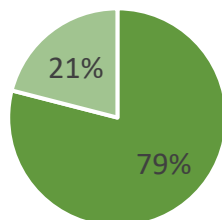
### Energising rubber pads

Offers various massage textures and contours targeting pressure points on the feet

## Recyclability:

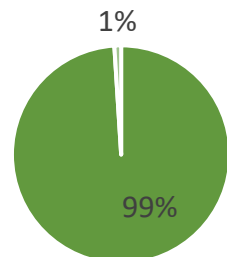
### Product

- Recyclable
- Non Recyclable



### Packaging

- Recyclable
- Non Recyclable



## Ergonomic Working:



# ZONE 1

PREVENT BACK TENSION

### Check your posture.

A foot and back support will help provide the most comfortable working position.

### How to use a foot rest

- 1. Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
- 2. Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
- 3. Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
- 4. Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



## Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999. workstation layout and postural requirements.



## Aftercare:

**Cleaning:** Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

45.40 cm



33.66 cm

