

Fellowes

Ergonomic Solutions



Office Suites™ Microban®
Adjustable Footrest

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Adjustable Footrest

Features:

- Prevents back and leg discomfort by ensuring the correct posture is adopted
- Built-in Microban® protection fights the growth of harmful bacteria for the lifetime of the product
- Rock freely back-n-forth to help stimulate foot and leg circulation or lock in place for firmer support
- Adjust position using foot pressure and it remains in preferred position until you wish to readjust
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Specification:

Code	8035001
Colour	Black
Product Dimensions (H x W x D)	3.41 x 4.57 x 1.21 cm
Product Weight	1.91 kg
Retail Carton Dimensions (H x W x D)	34.13 x 45.72 x 12.07 cm
Retail Carton Weight	2.31 kg
Outer Carton Dimensions (H x W x D)	48.41 x 25.73 x 35.89 cm
Outer Carton Weight	5.12 kg
Number of height Settings	3
Height Range	10.8 / 12.7 / 14.6 cm
Platform Size	44.4 x 33.3 cm
Angle	30°
Rocking Motion	Yes
Textured Surface	No
Features	Rocking Motion Microban® Anti-Bacterial Protection Anti-slip Surface
Retail Barcode (UPC)	043859487219
Outer Carton Barcode (SCS)	50043859487214
Quantity per Outer Carton	2
Country of Origin	China
Warranty	5 Year Limited



Ergonomic positioning

Elevates feet and legs to help relieve lower back pressure and improve posture.



Microban protection

Built-in Microban® protection fights the growth of harmful bacteria for the lifetime of the product.



Rocking feature

Rock freely back and forth to help stimulate foot and leg circulation or lock in place for firmer support.

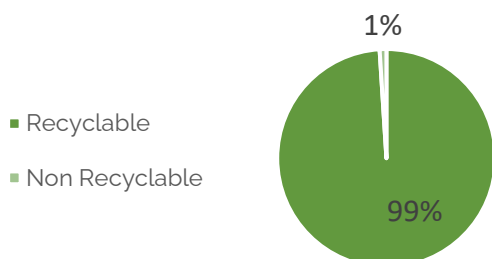


Adjustable

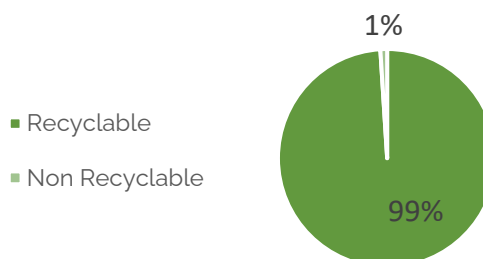
Adjust position using foot pressure, and it remains in the preferred position until you wish to readjust

Recyclability:

Product



Packaging



Ergonomic Working:



ZONE 1

PREVENT BACK TENSION

Check your posture.

A foot and back support will help provide the most comfortable working position.

How to use a foot rest

- 1. Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
- 2. Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
- 3. Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
- 4. Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

